## Biodiversity Day: May 22, 2020



Dare to Care

A Report on Celebration of International Day of Biodiversity, at FRCCE, Visakhapatnam.

Forest Research center for Coastal Ecosystem (FRCCE), Visakhapatnam, Andhra Pradesh, celebrated the of event International Day for Biodiversity (IDB) on May 22<sup>nd</sup> 2020 to spread awareness about the importance of biodiversity as well as to focus on global issues including biodiversity loss. Under the Covid-19 environment neither participants from outside were invited, nor any field demonstration were conducted. According to the theme given by United Nations "Our solutions are in nature" the presentations were prepared under the guidance of the head of FRCCE Dr.S. Chakrabarti and presented before all the staff.

The program started with the introductory words of Smt. T. Anusha, Technician followed by her presentation on the theme of the day. She discussed about few solutions from nature which we can apply to our day to day life. Smt. Anusha briefed about the importance of consuming fresh locally produced vegetables with an emphasis on Organic Agriculture to ensure no chemical insecticides used. Moreover, she pointed out the benefits of natural medicines. Second presentation was given by Shri. M. Ganesh, Technical Assistant, he elaborated the role and importance of biodiversity in the globe. As an alternative source of consumable products that we destroy every day, he came up with describing a model house called Earth Ship proposed by Michael Reynold. That model encourages use of air current for windmill and solar battery for alternative source of electricity, rain water harvesting and re-use of water etc. that all are found in the nature. Followed by the above presentation Dr.S. Chakrabarti, Head of FRCCE narrated the message posted by Mr. Antonio Guterres, the secretary general of United Nations, on the occasion of International Day for Biological Diversity. Smt. Anusha translated the message instantly in Telugu for the benefit of local staffs. Her version was highly appreciated by the audience. Dr. Chakrabarti talked about Ayurveda and suggested to utilize natural medicinal plant products for consumption as an alternative to synthetic drugs. To fight against Covid-19 virus he stressed upon traditional practices of India. For stronger immune system and to keep the lungs and liver healthy, he suggested to consume raw neem leaf, ginger, tulsi, honey, blackpepper and raw turmeric with sugar-cane-molasses, as prescribed in Ayurveda.





## **22 MAY 2020** INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY Our solutions are in nature